

GOULBURN POLO CLINIC 2026

learn to play our wonderful sport in a fun and relaxed environment catering for all levels and ages.

CLINIC ITINERARY

Friday am

Using our wonderful wooden horse we will start the day with a session to better understand swing dynamics to help improve direction and power in your swing

We will then have a riding session, concentrating on improving stability and control, learning how to get the most from your horse with the least amount of effort

Friday lunchtime

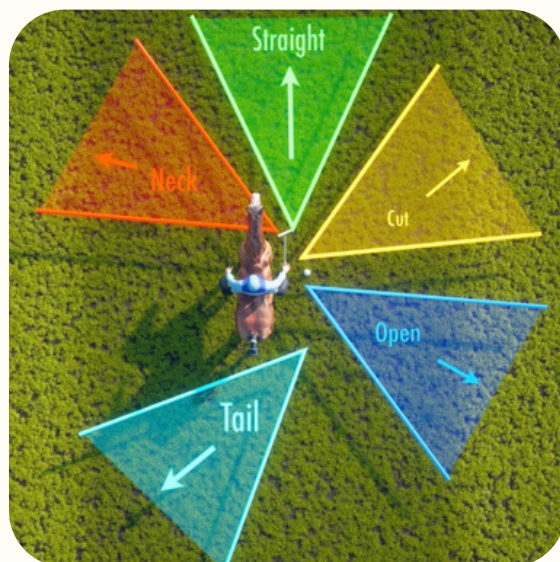
After lunch we will have a rules and strategy session on a white board

Friday pm

We will then have a stick and ball session to practice some of the techniques learnt in the morning followed by chukkas

About the Coach - Sam Gairdner

Sam has travelled the world playing professional polo reaching a handicap of 5 goals. Having a passion for horse training Sam has trained over 250 horses, most of them off the track with many playing for top players. Sam has also managed polo teams in England and run a polo academy in Victoria for many years.



Contact Henry Bell

0421 822 125
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9.30AM START

**FRIDAY
8 MAY**

**GOULBURN
POLO CLUB**

'PINEA'
BRAIDWOOD ROAD
GOULBURN